

CURRICULUM VITAE



Name : Dr. Geeta Sharma

Summary: Have a zest to battle against the odds in life & excel by achieving targets and to gain from the experiences of seniors and subordinates.

Present Position : Assistant Professor in R. S. D. College Ferozepur City

Research Area: A comparative study of work, motivation among college physical education lecturers of Kurukshetra University, Kurukshetra& Punjab University Chandigarh.

Educational Qualification

Ph.D. awarded From Fakir Mohan University Balasore (Orissa) in march 2017.

U.G.C. (NET) Cleared in june 2004

Post Graduate in physical Education with 68% (2nd topper in university) from K.U.K. in 2003.

Graduate B.Sc. (Sports) with 68% (2nd topper in university) from K.U.K in 2000.

12th from H.S.E.B. in 1997.

10th from H.S.E.B.in 1995.

Any Professional Qualification:

Diploma in physical Education with 69% (3rd topper in university) from K.U.K. in 2001.

Teaching Experience: 16 years 3 months

Seminar & Conference

- Paper presented in National Seminar held at Babe Ke College of Education, Daudhar, Moga.
- Paper presented in National Seminar held at Chandigarh Group of Colleges, Landara.
- Paper presented in Inter National Seminar held at G.T.B. College of Education, Malerkotla.
- Paper presented in National Seminar held at DashmeshKhalsa College of Education for women, Badal.

- Paper presented in National Seminar held at Babe Ke College of Education, Mudki, Moga.
- Paper presented in National Seminar held at LalaLajpatRai Memorial College of Education, Dhudike (Moga)
- Paper presented in National Seminar held at DevSamaj College of Education for Women, Ferozepur City.
- Participation in National Seminar held at Shukdeva Krishna College of Education for Girls, Moga.
- Paper presented in National Seminar on “Fit India Movement” held at Dev Samaj College of Education for Women, Ferozepur City.
- Paper presented in National Seminar “Stress – A potential Threat on Physical and Social well- Being” held at DevSamaj College of Education for Women, Ferozepur City.
- Participation in National Conference held at Punjabi University, Patiala.
- Paper presented in National Conference on Through Meditation Holistic Health and Psychological Wellness held at D.A.V. College Ferozepur Cantt.
- Paper Presented in National Seminar “Climate Change and Human Health” held at R.S.D. College Ferozepur City.

Publications: (Research Papers)

- Research paper “A comparative study of work, motivation among college physical education lecturers of Kurukshetra University, Kurukshetra& Punjab University Chandigarh”. ACADAMICIA : An international multidisciplinary research journal, Published by South Asian Academic Research Journals, vol. 1, issued (Oct, 2011) ISSN 2249-7137.
- Research paper “A comparative study of work, motivation among govt. and private school teachers.” VISION: Research journal of Education, vol 3, No. 1, April 2012, ISSN 2230-9071.
- Research paper “ A comparative study of job satisfaction among college physical education lecturers of Kurukshetra University , Kurukshetra& Punjab University, Chandigarh. “ACADAMICIA: An international multidisciplinary research journal, Published by South Asian Academic Research Journals, vol. 3, issued 5 (May, 2013) ISSN 2249-7137.
- Research paper “ A comparative study of adjustment among college physical education lecturers of Kurukshetra University , Kurukshetra& Punjab University, Chandigarh. “Journal of Health and Fitness, vol. 6, No. 2 (July-December, 2014) ISSN 0975-9409.
- Research paper “A Study of Attitude towards Physical Education among Engineering, B.Ed. and Management College Students, “Journal of Health and Fitness, vol. 7, No. 1 (January-June, 2015) ISSN 0975-9409.
- Research paper “Role of Home Environment on Adjustment of Secondary School Students”. Parkash: An international Referred/Juried BI-Annual

Educational Research Journal, Vol. 2, No.2, (July, 2015), ISSN 2348-0904.

- Research Paper “Yoga as spiritual tool: A step in the direction of complete Human Being” International Journal of Physiology, Nutrition and Physical Education, 2018; 3(1):370-371, ISSN- 2456-0057
- Research Paper “Effect of diabetes on the selected psychological variables of female patients suffering from diabetes” International Journal of Yogic, Human Movement and Sports Sciences, 2018; 3(1):239-240, ISSN-2456-4419
- Research Paper “A Critical Analysis of Human Behaviour In Modern Society” International Journal of Yoga, Physiotherapy and Physical Education, 2018; 3(1):165-167, ISSN-2456-5067
- Research paper “Adjustment of Secondary School Students of Ferozepur district of Punjab” International Journal of Yogic, Human Movement and Sports Sciences, 2018; 3(2):676-677, ISSN-2456-4419
- Research paper “Role of Home Environment of Secondary School Students of Ferozepur district of Punjab” International Journal of Physical Education, Sports And Health, 2017: 4(4), 389-391, ISSN-2394-1685
- Article “Drug- Gluping the Youth” Lokavishkar International E- Journal, ISSN-2277-727X, Vol- 06(02), 2017
- Article “Holistic Health and Psychological Wellness through Meditation” International interdisciplinary research Journal, ISSN- 2249-9598, vol.- 07(05), 2017
- Article “Yoga for Stress Management among youth” International Journal of Physical Education, Sports And Health, 2017: 4(5):01-03, ISSN-2394-1685
- Article “Yoga and its Career Avenues” Indian Journal of Sports Studies, 2016: 16(1), ISSN-2229-3558
- Article “Stress – A potential Threat on Physical and Social well- Being” Journal of Emerging Technologies and Innovative Research, Vol. 9, No. 3, march 2022.
- Article “Stress – “Quality of life and Fitness through Physical Activity ” Journal of Emerging Technologies and Innovative Research, Vol. 9, No. 3, march 2022.

Publications: (Articles in Books)

- Article “Value Crisis – A Challenge for Education”, 21st century publications, Patiala, ISBN: 978-81-89463-29-8.
- Article “Health, Fitness and Wellness for Total Well Being”. Well-being-its concept and related variables, SG Publishers, Jalandhar, ISBN: 978-93-83911-26-4.
- Article “Value Crisis – Impact of Western Culture on Indian Society”. Value Education the Essence of Life, 21st century publications, Patiala, ISBN: 978-93-85446-57-3.

- Article “Promoting Health Values Through Yoga and Physical Exercises”. Value Based Education challenges and Suggestions, 21st century publications, Patiala, ISBN: 978-93-85446-71-9.

Webinar:

- Participation in seminar cum workshop (Hybrid Mode) “Health Benefits of yoga” on 17th and 18th June 2023.
- Participating in National Webinar on World Olympic Day, 23rd June 2022.
- Participating in National Webinar on Yoga for Health & Well Being, 30 May 2022.

Book Published

- “ Health and Physical education” 21st century Publication, Patiala, ISBN978-93 85449-27-7

Award

- Award of Honour by Physical Education Deptt. Of Panjab University On the Occation of won “Makka Trophy”.

Faculty Induction Programme

- Attended one month faculty induction Programme at Aligarh Muslim University on 13th November to 17th December.

(Dr.Geeta Sharma)