

CURRICULUM VITAE

Name : Dr. Geeta Sharma



Summary: Have a zest to battle against the odds in life & excel by achieving targets and to gain from the experiences of seniors and subordinates.

Present Position : Assistant Professor in R. S. D. College Ferozepur City

Research Area: A comparative study of work, motivation among college physical education lecturers of Kurukshetra University, Kurukshetra & Punjab University Chandigarh.

Educational Qualification

Ph.D. awarded From Fakir Mohan University Balasore (Orissa) in march 2017.

U.G.C. (NET) Cleared in june 2004

Post Graduate in physical Education with 68% (2nd topper in university) from K.U.K. in 2003.

Graduate B.Sc. (Sports) with 68% (2nd topper in university) from K.U.K in 2000.

12th from H.S.E.B. in 1997.

10th from H.S.E.B.in 1995.

Any Professional Qualification:

Diploma in physical Education with 69% (3rd topper in university) from K.U.K. in 2001.

Teaching Experience: 15 years 5 months

Seminar & Conference

- Paper presented in National Seminar held at Babe Ke College of Education, Daudhar, Moga.
- Paper presented in National Seminar held at Chandigarh Group of Colleges, Landara.
- Paper presented in Inter National Seminar held at G.T.B. College of Education, Malerkotla.
- Paper presented in National Seminar held at Dashmesh Khalsa College of Education for women, Badal.
- Paper presented in National Seminar held at Babe Ke College of Education, Mudki, Moga.
- Paper presented in National Seminar held at Lala Lajpat Rai Memorial College of Education, Dhudike (Moga)
- Paper presented in National Seminar held at Dev Samaj College of Education for Women, Ferozepur City.
- Participation in National Seminar held at Shukdeva Krishna College of Education for Girls, Moga.
- Paper presented in National Seminar on “Fit India Movement” held at Dev Samaj College of Education for Women, Ferozepur City.
- Paper presented in National Seminar “Stress – A potential Threat on Physical and Social well- Being” held at Dev Samaj College of Education for Women, Ferozepur City.
- Participation in National Seminar in R.S.D. college Ferozepur city.
- Participation in National Conference held at Punjabi University, Patiala.
- Paper presented in National Conference on Through Meditation Holistic Health and Psychological Wellness held at D.A.V. College Ferozepur Cantt.

Publications: (Research Papers)

- Research paper “A comparative study of work, motivation among college physical education lecturers of Kurukshetra University, Kurukshetra & Punjab University Chandigarh”. ACADAMICIA : An international

multidisciplinary research journal, Published by South Asian Academic Research Journals, vol. 1, issued (Oct, 2011) ISSN 2249-7137.

- Research paper “A comparative study of work, motivation among govt. and private school teachers.” VISION: Research journal of Education, vol 3, No. 1, April 2012, ISSN 2230-9071.
- Research paper “ A comparative study of job satisfaction among college physical education lecturers of Kurukshetra University , Kurukshetra & Punjab University, Chandigarh. “ACADAMICIA: An international multidisciplinary research journal, Published by South Asian Academic Research Journals, vol. 3, issued 5 (May, 2013) ISSN 2249-7137.
- Research paper “ A comparative study of adjustment among college physical education lecturers of Kurukshetra University , Kurukshetra & Punjab University, Chandigarh. “Journal of Health and Fitness, vol. 6, No. 2 (July-December, 2014) ISSN 0975-9409.
- Research paper “A Study of Attitude towards Physical Education among Engineering, B.Ed. and Management College Students, “Journal of Health and Fitness, vol. 7, No. 1 (January-June, 2015) ISSN 0975-9409.
- Research paper “Role of Home Environment on Adjustment of Secondary School Students”. Parkash: An international Referred/Juried BI-Annual Educational Research Journal, Vol. 2, No.2, (July, 2015), ISSN 2348-0904.
- Research Paper “ Yoga as spiritual tool: A step in the direction of complete Human Being” International Journal of Physiology, Nutrition and Physical Education , 2018; 3(1):370-371, ISSN- 2456-0057
- Research Paper “ Effect of diabetes on the selected psychological variables of female patients suffering from diabetes” International Journal of Yogic, Human Movement and Sports Sciences, 2018; 3(1):239-240, ISSN-2456-4419
- Research Paper “ A Critical Analysis of Human Behaviour In Modern Society” International Journal of Yoga, Physiotherapy and Physical Education , 2018; 3(1):165-167, ISSN-2456-5067

- Research paper “Adjustment of Secondary School Students of Ferozepur district of Punjab” International Journal of Yogic, Human Movement and Sports Sciences, 2018; 3(2):676-677, ISSN-2456-4419
- Research paper “Role of Home Environment of Secondary School Students of Ferozepur district of Punjab” International Journal of Physical Education, Sports And Health, 2017: 4(4), 389-391, ISSN-2394-1685
- Article “ Drug- Gluping the Youth” Lokavishkar International E- Journal, ISSN-2277-727X, Vol- 06(02), 2017
- Article “ Holistic Heath and Psychological Wellness through Meditation” International interdisciplinary research Journal, ISSn- 2249-9598, vol.- 07(05), 2017
- Article “ Yoga for Stress Management among youth” International Journal of Physical Education, Sports And Health, 2017: 4(5):01-03, ISSN-2394-1685
- Article “ Yoga and its Career Avenues” Indian Journal of Sports Studies, 2016: 16(1), ISSN-2229-3558
- Article “Stress – A potential Threat on Physical and Social well- Being” Journal of Emerging Technologies and Innovative Research, Vol. 9, No. 3, march 2022.
- Article “Stress – “ Quality of life and Fitness through Physical Activity ” Journal of Emerging Technologies and Innovative Research, Vol. 9, No. 3, march 2022.

Publications: (Articles in Books)

- Article “Value Crisis – A Challenge for Education”, 21st century publications, Patiala, ISBN: 978-81-89463-29-8.
- Article “Health, Fitness and Wellness for Total Well Being”. Well-being-its concept and related variables, SG Publishers, Jalandhar, ISBN: 978-93-83911-26-4.
- Article “Value Crisis – Impact of Western Culture on Indian Society”. Value Education the Essence of Life, 21st century publications, Patiala, ISBN: 978-93-85446-57-3.

- Article “Promoting Health Values Through Yoga and Physical Exercises”. Value Based Education challenges and Suggestions, 21st century publications, Patiala, ISBN: 978-93-85446-71-9.

Book Published

“ Health and Physical education” 21st century Publication, Patiala, ISBN-978-93 85449-27-7

Award

Award of Honour by Physical Education Deptt. Of Panjab University On the occasion of won “Makka Trophy”.

Faculty Induction Programme

Attended one month faculty induction Programme at Aligarh Muslim University on 13th November to 17th December.

(Dr.Geeta Sharma)